



8 Hillside Avenue, Suite 206  
 Montclair, NJ 07042  
[www.evolve-ps.com](http://www.evolve-ps.com)

(917) 723-9986

**Biographical Information**

**Personal Information:**

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 \_\_\_\_\_  
 Home #: \_\_\_\_\_  
 Work #: \_\_\_\_\_  
 Mobile #: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Gender: \_\_\_\_\_  
 \_\_\_\_\_  
 Ethnicity: \_\_\_\_\_  
 Religion: \_\_\_\_\_  
 Language(s): \_\_\_\_\_

**Birth Information:**

Date of Birth: \_\_\_\_\_  
 Age: \_\_\_\_\_  
 City of Birth: \_\_\_\_\_  
 Country of Birth: \_\_\_\_\_  
 \_\_\_\_\_  
 Marital Status: \_\_\_\_\_  
 Date Married: \_\_\_\_\_  
 Name of Spouse: \_\_\_\_\_

**Lawyer Information:**

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 \_\_\_\_\_  
 Office Phone #: \_\_\_\_\_  
 Office Fax #: \_\_\_\_\_

<b>Family Members:</b>				
<b>Name</b>	<b>Relationship</b>	<b>Date of Birth</b>	<b>Age</b>	<b>Occupation/School</b>

**Forms of Communication:**

Can Dr. Garcia leave messages on the mobile phone(s) provided above?  Yes  No  
 Can Dr. Garcia leave messages on the home phone(s) provided above?  Yes  No  
 Can Dr. Garcia communicate with me via text message (for non-clinical matters)?  Yes  No  
 Can Dr. Garcia communicate with me via the email (for non-clinical matters)?  Yes  No

\_\_\_\_\_  
*Client Signature*

\_\_\_\_\_  
*Date*

<b>Description of immigration case:</b>

<b>Educational History</b> (check highest level of school attended):
<input type="checkbox"/> College/Post College, # semesters: ____ <input type="checkbox"/> Some College, # semesters: ____ <input type="checkbox"/> H.S. Graduate <input type="checkbox"/> G.E.D. <input type="checkbox"/> Did not complete H.S., last grade attended: _____, year left school: _____ <input type="checkbox"/> If currently attending school, name the school, current grade and expected diploma type:
Specify any learning and/or behavioral difficulties during school:

<b>Employment History</b> (list all jobs, including dates and positions held starting with current job):			
Name of Employer	Job Title	Job Responsibilities	Dates of Employment

<b>Immigration History:</b>	
Are you a US Citizen? <input type="checkbox"/> Yes <input type="checkbox"/> No (If yes, skip to next section)	
When did you enter the US?	
How did you enter the US?	
With whom did you enter the US?	
Please share your reasons for entering the US:	

<b>Legal History:</b>
Have you ever been arrested? <input type="checkbox"/> Yes <input type="checkbox"/> No (If yes, describe below:)

<b>Psychiatric Symptoms</b> (check any of the following symptoms that you have had in the last month):	
<input type="checkbox"/> Thoughts of suicide <input type="checkbox"/> Trouble getting to sleep <input type="checkbox"/> Waking during the night <input type="checkbox"/> Waking early every day <input type="checkbox"/> Loss of appetite <input type="checkbox"/> Excessive guilt <input type="checkbox"/> Decreased motivation <input type="checkbox"/> Excessive energy <input type="checkbox"/> Trouble concentrating <input type="checkbox"/> Racing thoughts <input type="checkbox"/> Forgetfulness <input type="checkbox"/> Obsessional thoughts <input type="checkbox"/> Compulsive behaviors <input type="checkbox"/> Disorganized/Disruptive thoughts <input type="checkbox"/> Paranoia <input type="checkbox"/> Mood swings <input type="checkbox"/> Phobias <input type="checkbox"/> Panic attacks <input type="checkbox"/> Anxiety <input type="checkbox"/> History of physical abuse <input type="checkbox"/> History of sexual abuse <input type="checkbox"/> Financial problems <input type="checkbox"/> Health problems	<input type="checkbox"/> Thoughts of harming others <input type="checkbox"/> History of attempts to kill yourself <input type="checkbox"/> Cutting or hurting yourself <input type="checkbox"/> Feelings of hopelessness <input type="checkbox"/> Inability to make decisions <input type="checkbox"/> Trouble controlling your temper <input type="checkbox"/> Large weight gain or loss <input type="checkbox"/> Seeing things others do not <input type="checkbox"/> Hearing voices <input type="checkbox"/> Violence toward others <input type="checkbox"/> Tingling or numbness <input type="checkbox"/> Flashbacks <input type="checkbox"/> Depressed mood <input type="checkbox"/> Irritability <input type="checkbox"/> Impulsivity <input type="checkbox"/> Expansive/Elevated mood <input type="checkbox"/> Anorectic/Bulimic behavior <input type="checkbox"/> Somatic symptoms <input type="checkbox"/> Learning problems <input type="checkbox"/> Problems at work <input type="checkbox"/> Family problems <input type="checkbox"/> Legal problems <input type="checkbox"/> Alcohol/substance abuse problems
When did these symptoms begin?	
Describe how these symptoms affect your life:	

<b>Mental Health Treatment History:</b>
Are you currently under the care of a psychiatrist or therapist? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes: What are your diagnoses? What medications, if any, are you currently taking? What are the positive and/or negative effects of the medication?
Have you ever received therapy or have been hospitalized for psychiatric reasons? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes: For what reasons did you seek help? Did it help? Were you prescribed any medication?
Does anyone in your have a history of emotional problems? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes: Who? Relationship?

<b>Alcohol &amp; Drug Use History</b> (please check any of the following substances that you are currently using and provide information regarding usage):	
<input type="checkbox"/> Beer	<input type="checkbox"/> Methamphetamine
<input type="checkbox"/> Liquor	<input type="checkbox"/> Heroin
<input type="checkbox"/> Wine	<input type="checkbox"/> Barbiturates (downers)
<input type="checkbox"/> Marijuana	<input type="checkbox"/> PCP, LSD (hallucinogens)
<input type="checkbox"/> Cocaine/Crack	<input type="checkbox"/> Tobacco (any form)
	<input type="checkbox"/> Other:
Have you ever felt like you should cut down on your drug/alcohol use?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Are you seeking help?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Is there a history of problems with drug or alcohol use in your family?	<input type="checkbox"/> Yes <input type="checkbox"/> No

<b>Medical History:</b>
Are you currently under the care of a primary care physician? <input type="checkbox"/> Yes <input type="checkbox"/> No
If yes: What are your diagnoses?
What medications, if any, are you currently taking?
Are you taking the medication on a regular basis as prescribed?
What are the positive and/or negative effects of the medication?
List any medical problems and when they were diagnosed:
List any major surgeries you have had to date:
List any serious illness or injuries including any head injuries:
Date of last physical examination:

<b>Additional Information:</b>

\_\_\_\_\_  
*Client Signature*

\_\_\_\_\_  
*Date*

# Evolve Psychological Services, LLC

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## Notice of Privacy Practices

**This notice describes how medical information about you may be used and disclosed and how you can get access to this information.  
Please review this notice carefully.**

Your health record contains personal information about you and your health. This information about you that may identify you and that relates to your past, present or future physical or mental health or condition and related health care services is referred to as Protected Health Information (“PHI”). This Notice of Privacy Practices describes how we may use and disclose your PHI in accordance with applicable law and the American Psychological Association Code of Ethics. It also describes your rights regarding how you may gain access to and control your PHI.

We are required by law to maintain the privacy of PHI and to provide you with notice of our legal duties and privacy practices with respect to PHI. We are required to abide by the terms of this Notice of Privacy Practices. We reserve the right to change the terms of our Notice of Privacy Practices at any time. Any new Notice of Privacy Practices will be effective for all PHI that we maintain at that time. We will provide you with a copy of the revised Notice of Privacy Practices by posting a copy on our website, sending a copy to you in the mail upon request or providing one to you at your next appointment.

### HOW WE MAY USE AND DISCLOSE HEALTH INFORMATION ABOUT YOU

**For Treatment.** Your PHI may be used and disclosed by those who are involved in your care for the purpose of providing, coordinating, or managing your health care treatment and related services. This includes consultation with clinical supervisors or other treatment team members. We may disclose PHI to any other consultant only with your authorization.

**For Payment.** We may use and disclose PHI so that we can receive payment for the treatment services provided to you. This will only be done with your authorization. Examples of payment-related activities are: making a determination of eligibility or coverage for insurance benefits, processing claims with your insurance company, reviewing services provided to you to determine medical necessity, or undertaking utilization review activities. If it becomes necessary to use collection processes due to lack of payment for services, we will only disclose the minimum amount of PHI necessary for purposes of collection.

**For Health Care Operations.** We may use or disclose, as needed, your PHI in order to support our business activities including, but not limited to, quality assessment activities, employee review activities, licensing, and conducting or arranging for other business activities. For example, we may share your PHI with third parties that perform various business activities (e.g., billing or typing services) provided we have a written contract with the business that requires it to safeguard the privacy of your PHI. For training or teaching purposes PHI will be disclosed only with your authorization.

**Required by Law.** Under the law, we must make disclosures of your PHI to you upon your request. In addition, we must make disclosures to the Secretary of the Department of Health and Human Services for the purpose of investigating or determining our compliance with the requirements of the Privacy Rule.

**Without Authorization.** Applicable law and ethical standards permit us to disclose information about you without your authorization only in a limited number of other situations. The types of uses and disclosures that may be made without your authorization are those that are:

- Required by Law, such as the mandatory reporting of child abuse, neglect, or abandonment; the reporting of the abuse, neglect, or exploitation of an elderly or disabled person; or mandatory government agency audits or investigations (such as the psychology licensing board or the health department)
- Required by Court Order
- Necessary to prevent or lessen a serious and imminent threat to the health or safety of a person or the public. If information is disclosed to prevent or lessen a serious threat it will be disclosed to a person or persons reasonably able to prevent or lessen the threat, including the target of the threat.

**Verbal Permission.** We may use or disclose your information to family members that are directly involved in your treatment with your verbal permission.

**With Authorization.** Uses and disclosures not specifically permitted by applicable law will be made only with your written authorization, which may be revoked.

### **YOUR RIGHTS REGARDING YOUR PHI**

You have the following rights regarding PHI we maintain about you. To exercise any of these rights, please submit your request in writing to our Privacy Officer: Nicole Garcia, PhD, 8 Hillside Avenue, Suite 206, Montclair, NJ 07042.

- **Right of Access to Inspect and Copy.** You have the right, which may be restricted only in exceptional circumstances, to inspect and copy PHI that may be used to make decisions about your care. This right includes medical records and billing records but does not include psychotherapy notes. Your right to inspect and copy PHI will be restricted only in those situations where there is compelling evidence that access would cause serious harm to you. We may charge a reasonable, cost-based fee for copies.
- **Right to Amend.** If you feel that the PHI we have about you is incorrect or incomplete, you may ask us to amend the information although we are not required to agree to the amendment.
- **Right to an Accounting of Disclosures.** You have the right to request an accounting of certain of the disclosures that we make of your PHI. We may charge you a reasonable fee if you request more than one accounting in any 12-month period.
- **Right to Request Restrictions.** You have the right to request a restriction or limitation on the use or disclosure of your PHI for treatment, payment, or health care operations. We are not required to agree to your request.
- **Right to Request Confidential Communication.** You have the right to request that we communicate with you about medical matters in a certain way or at a certain location.
- **Right to a Copy of this Notice.** You have the right to a copy of this notice.

### **COMPLAINTS**

If you believe we have violated your privacy rights, you have the right to file a complaint in writing with our Privacy Officer: Nicole Garcia, PhD, 8 Hillside Avenue, Suite 206, Montclair, NJ 07042, or with the Secretary of Health and Human Services at 200 Independence Avenue, S.W. Washington, D.C. 20201 or by calling (202) 619-0257. **We will not retaliate against you for filing a complaint.**

**The effective date of this Notice is April 14, 2008.**

# Evolve Psychological Services, LLC

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## Notice of Privacy Practices

### Receipt and Acknowledgement of Notice

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

I hereby acknowledge that I have received and have been given an opportunity to read a copy of Evolve Psychological Services' Notice of Privacy Practices. I understand that if I have any questions regarding the notice or my privacy rights, I can contact Dr. Garcia at the address and/or phone number below:

8 Hillside Avenue, Suite 206  
Montclair, NJ 07042  
(917) 723-9986.

\_\_\_\_\_  
*Client Signature*

\_\_\_\_\_  
*Relationship*

\_\_\_\_\_  
*Date*

# Evolve Psychological Services, LLC

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## Informed Consent for Psychological Evaluation

This form documents that I \_\_\_\_\_ hereby give my consent and agree to undergo a psychological evaluation with \_\_\_\_\_.

I have fully discussed with the psychologist what is involved in the psychological evaluation and I have agreed to the policies about scheduling, fees, missed appointments and other matters outlined below. Our discussions have included the initial consultation phase of the evaluation, provisional diagnostic formulations of my problems, the proposed recommendations, the report summary to follow the evaluation, the guidelines for confidentiality, and record keeping. I have been informed and understand the goals of the psychological evaluations as well as the foreseeable benefits and risks of evaluation. In addition, the psychologist has discussed how to reach the psychologist in emergency situations.

I understand that information is kept confidential and will not be revealed to others without written consent. Some exceptions are:

1. The psychologist is required by law to report suspected child abuse or neglect or suspected abuse of an elderly person to the authorities.
2. In the event that I intend to harm another person or myself and there is immediate danger present the psychologist may be required to take steps to warn or protect the person at risk by informing that person, designated family members, the police, or other health care providers.

I understand that the evaluation will be occurring at an agreed upon time and fee, \$\_\_\_\_\_, and that I will be responsible for payment at the time of the evaluation. The fee for the psychological evaluation includes the clinical interview and evaluation, scoring and interpretation of all measures administered and the writing of the clinical summary including background information, all relevant medical, psychiatric, occupational and legal information, possible diagnoses and recommendations, and other information that may be pertinent.

I also understand that I am responsible for the payment of other services that I may request including telephone consultations lasting more than 15 minutes, preparation of additional records or treatment summaries, and time spent performing any other service including testifying in court (fee is prorated to include the time spent in court waiting to testify, time spent providing the testimony, time spent debriefing and travel time to and from the courthouse at the fee of \$250/hour).

I understand that I can discuss the terms of the evaluation agreement with the psychologist including the reasons for the evaluation and any financial aspects. By signing below I am attesting to the fact that I have read, discussed, and understood this form and give my consent to the psychological evaluation.

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*Client Signature*

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*Date*



# Evolve Psychological Services, LLC

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## Consent for Release of Information

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ Home #: \_\_\_\_\_

\_\_\_\_\_ Mobile #: \_\_\_\_\_

Nature of information to be disclosed: \_\_\_\_\_

Purpose for release of information: \_\_\_\_\_

From (Attorney): \_\_\_\_\_

To (Evaluator): \_\_\_\_\_, 8 Hillside Avenue, Suite 206, Montclair, NJ 07042, ( ) \_\_\_\_\_

I hereby authorize the periodic release of the above information to the person identified above as often as necessary to plan for evaluation or testing. I understand that I have the right to cancel my permission to release information at any time.

**My consent to release information from the Person/Facility identified above will expire when I am no longer receiving services or one year from this date whichever occurs first.**

\_\_\_\_\_  
*Client Signature*

\_\_\_\_\_  
*Date*